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### STEMMING THE TIDE OF INTELLECTUAL EXODUS: EXPLORING STRATEGIES TO MITIGATE BRAIN DRAIN IN KENYA'S HIGHER EDUCATION SECTOR

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#### Abstract

Brain drain, the emigration of highly skilled individuals from developing countries like Kenya to seek better opportunities in developed nations, adversely affects the higher education sector. This phenomenon results in a depletion of qualified faculty and researchers, hampering the quality of education and research. Limited career opportunities and compensation, poor working conditions, lack of research funding, and insufficient professional development opportunities contribute to this brain drain. To address these challenges, Kenyan universities and the government must take proactive measures. Strategies include advocating for increased government funding, exploring alternative revenue sources, promoting efficiency and cost-effectiveness, and investing in human capital. Enhancing infrastructure, technology, library resources, and administrative support can improve working conditions. Increasing research funding, protecting intellectual property, and promoting open access can stimulate innovation. Additionally, promoting international collaborations, hosting international events, and creating joint research centers can enhance research quality and visibility. Finally, investing in faculty and researcher professional development, with dedicated budgets, in-house programs, and recognition, will enhance the skills and expertise necessary for high-quality research and teaching. These strategies collectively aim to create a supportive environment, retaining top talent, and fostering the growth of Kenya's higher education sector.

**Keywords:** Brain drain, Career opportunities, Compensation, Higher education, Professional development, Research funding, Working conditions.

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#### 1.0 Introduction

Brain drain, the phenomenon of highly skilled individuals emigrating from their home countries to developed nations in search of better opportunities, has long been a challenge for developing countries, including Kenya. In the higher education sector, brain drain has a particularly detrimental impact, as it

depletes the pool of qualified faculty, researchers, and administrators, hindering the development of quality education and research (Acosta, 2020).

## 2.0 Factors Contributing to Brain Drain in Kenya's Higher Education Sector

Several factors contribute to brain drain in Kenya's higher education sector. These include:

### 2.1 Limited career opportunities and compensation

Indeed, limited career opportunities and compensation are significant factors contributing to brain drain in Kenya's higher education sector. Kenyan universities often face financial constraints, limiting their ability to offer competitive salaries and provide adequate research funding (Nyamahuru, 2014; Acosta, 2020). As a result, skilled academics and researchers are often lured away to developed countries that offer higher salaries, better research facilities, and more opportunities for professional advancement.

This situation has detrimental consequences for Kenya's higher education system. The loss of top talent weakens the quality of teaching and research, making it difficult for Kenyan universities to compete with international institutions. Additionally, the lack of experienced faculty and researchers can hinder the development of new knowledge and innovation, ultimately impeding Kenya's economic and social progress. To address this challenge, it is crucial for Kenyan universities to implement strategies to improve their financial situation and enhance their ability to attract and retain top talent. This could include:

**Advocating for increased government funding:** Universities should work with the government to secure increased funding for higher education, allowing them to allocate more resources to faculty salaries and research activities. **Exploring alternative revenue streams:** Universities can explore alternative sources of revenue, such as alumni donations, partnerships with private companies, and commercializing research findings. **Promoting efficiency and cost-effectiveness:** Universities should implement measures to improve their financial management and reduce unnecessary expenses, freeing up resources for faculty salaries and research funding.

**Investing in human capital:** Universities should prioritize investing in the development of their faculty and researchers, providing them with opportunities for professional development, research training, and international collaborations. By addressing the issue of limited career opportunities and compensation, Kenyan universities can create a more attractive work environment for highly skilled academics and researchers, helping to stem the tide of brain drain and foster a stronger higher education system.

### 2.2 Poor working conditions

Many Kenyan universities lack adequate facilities, resources, and support systems, making it challenging for faculty and researchers to conduct high-quality work (Nyamongo et al., 2017). Poor working conditions are another major factor contributing to brain drain in Kenya's higher education sector. Many Kenyan universities lack the basic infrastructure and resources necessary for faculty and researchers to conduct their work effectively. This can include outdated or inadequate facilities, insufficient library resources, and a lack of access to modern technology (Nyamongo et al., 2017).

These poor working conditions can lead to several negative consequences, including: **Reduced productivity:** Faculty and researchers may spend more time and effort overcoming challenges related to poor facilities and resources, reducing their productivity and output. **Diminished research quality:** Without access to adequate facilities and resources, researchers may find it difficult to conduct high-quality research,

potentially compromising the credibility and impact of their work.

**Low morale and job dissatisfaction:** Working in an environment with poor conditions can lead to low morale and job dissatisfaction among faculty and researchers, further contributing to brain drain. To address this issue, Kenyan universities must make significant investments in improving their infrastructure and providing adequate resources for faculty and researchers. This could include: **Upgrading facilities:** Universities should prioritize upgrading their facilities to meet modern standards, including classrooms, laboratories, libraries, and office spaces.

**Investing in technology:** Universities should invest in modern technology infrastructure, providing faculty and researchers with access to high-speed internet, up-to-date software, and specialized equipment. **Enhancing library resources:** Universities should expand and upgrade their library collections, ensuring access to a wide range of academic journals, books, and electronic resources.

**Improving administrative support:** Universities should provide adequate administrative support for faculty and researchers, streamlining processes, reducing bureaucracy, and providing assistance with research funding and grant applications. By improving working conditions, Kenyan universities can create a more conducive environment for faculty and researchers, making it more attractive for them to stay and contribute to the development of the nation's higher education system.

### 2.3 Lack of research funding

Lack of research funding is a major challenge for Kenyan universities, hindering their ability to conduct cutting-edge research and publish their findings in international journals (Acosta, 2020). This can have several detrimental consequences, including:

**Limited research output:** Without adequate funding, researchers may struggle to conduct research projects, resulting in a decline in the quantity and quality of research output from Kenyan universities. **Reduced international visibility:** With limited opportunities to publish their work in international journals, Kenyan researchers may have difficulty gaining international recognition and collaborating with peers from other countries. **Difficulties in attracting and retaining talent:** The lack of research funding can make it difficult for Kenyan universities to attract and retain top research talent, who may be drawn to institutions with more resources and opportunities.

To address the issue of limited research funding, Kenyan universities can pursue various strategies: **Advocate for increased government funding:** Universities should work with the government to secure increased funding for research, either through direct allocations or through research grants and competitive funding programs. **Explore alternative funding sources:** Universities can explore alternative sources of funding, such as private foundations, international donor agencies, and industry partnerships. **Promote commercialization of research:** Universities can encourage and support the commercialization of research findings, generating revenue that can be reinvested in research activities.

**Strengthen internal research funding mechanisms:** Universities can establish internal research funding mechanisms, such as seed grants and research fellowships, to support faculty and researchers in their pursuit of innovative research projects. By addressing the issue of research funding, Kenyan universities can create a more supportive environment for research and innovation, allowing their faculty and researchers to make significant contributions to the global knowledge base and address the challenges faced by their

communities.

## 2.4 Limited opportunities for professional development

Kenyan universities often provide limited opportunities for faculty and researchers to attend conferences, workshops, and other professional development activities, hindering their ability to stay up-to-date with the latest advancements in their fields (Nyamahuru, 2014). Here are some strategies to address the issue of limited opportunities for professional development in Kenyan universities:

**Increase funding for professional development:** Universities should allocate more funding to support faculty and researchers in attending conferences, workshops, and other professional development activities. This could include providing travel grants, tuition reimbursement, and stipends. **Promote internal professional development opportunities:** Universities can organize and host their own professional development workshops, seminars, and conferences, providing faculty and researchers with opportunities to learn from experts and engage with peers without the need to travel abroad.

**Encourage and support online learning:** Universities can encourage and support faculty and researchers in pursuing online professional development courses and certifications, providing them with access to a wider range of learning opportunities and resources. **Establish mentorship and peer support programs:** Universities can establish mentorship and peer support programs to connect experienced faculty and researchers with less experienced colleagues, fostering knowledge sharing and professional growth.

**Collaborate with international institutions:** Universities can collaborate with international institutions to develop joint professional development programs and exchange opportunities, providing faculty and researchers with exposure to different perspectives and approaches. **Promote research collaborations:** Universities can encourage and facilitate research collaborations with international institutions, providing faculty and researchers with opportunities to participate in international research projects and gain valuable experience.

**Support publication in international journals:** Universities can provide support and resources for faculty and researchers to publish their work in international journals, helping them to gain international visibility and recognition. By implementing these strategies, Kenyan universities can create a more supportive environment for professional development, enabling faculty and researchers to stay up-to-date with the latest advancements in their fields, enhance their skills and expertise, and contribute more effectively to the advancement of knowledge.

## 3.0 Strategies to Mitigate Brain Drain

To mitigate brain drain in Kenya's higher education sector, several strategies can be implemented:

### 3.1 Improve salaries and benefits

Kenyan universities should strive to offer competitive salaries and benefits packages to attract and retain top talent. This could include providing housing allowances, tuition reimbursement for dependents, and opportunities for professional development (Acosta, 2020). Here are some suggestions on how to improve salaries and benefits for faculty and researchers in Kenyan universities:

**Conduct a salary survey:** The first step is to conduct a salary survey of comparable universities in the region or internationally to determine the market rate for faculty and researchers in different disciplines. This will help Kenyan universities to benchmark their salaries and identify areas where they need to make improvements. **Increase the base salary:** Once the market rate has been determined, Kenyan universities should increase the base salary for faculty and researchers to bring it in line with the market rate. This increase should be phased in over time, if necessary, but it is important to make a significant initial increase to attract and retain top talent.

**Provide housing allowances:** Housing is a major expense for faculty and researchers, so providing housing allowances can help to make their salaries more competitive. The amount of the allowance should be based on the cost of housing in the area where the university is located. **Offer tuition reimbursement for dependents:** Many faculty and researchers have children, so offering tuition reimbursement for dependents can be a valuable benefit. This benefit can help to offset the cost of education and make it easier for faculty and researchers to afford to send their children to private schools.

**Provide opportunities for professional development:** Professional development is important for faculty and researchers to stay up-to-date on the latest research and methodologies in their fields. Kenyan universities should provide opportunities for faculty and researchers to attend conferences, workshops, and other professional development events. **Offer health insurance:** Health insurance is an important benefit for all employees, including faculty and researchers. Kenyan universities should offer health insurance plans that are affordable and comprehensive. **Provide retirement savings plans:** Retirement savings plans are important for all employees, including faculty and researchers. Kenyan universities should offer retirement savings plans that are matched by the university.

**Create a family-friendly work environment:** Faculty and researchers with children often have difficulty balancing their work and family life. Kenyan universities can create a family-friendly work environment by offering flexible work arrangements, such as telecommuting and flextime, and by providing childcare subsidies. **Promote a culture of recognition and appreciation:** Faculty and researchers should feel valued and appreciated for their work. Kenyan universities can promote a culture of recognition and appreciation by offering awards and other incentives for excellent teaching and research.

By implementing these suggestions, Kenyan universities can improve salaries and benefits for faculty and researchers, making them more competitive in the international market for talent. This will help to attract and retain top talent, which will in turn lead to improvements in the quality of teaching and research at Kenyan universities

### 3.2 Enhance working conditions

Kenyan universities should invest in improving the quality of their facilities, resources, and support systems to create a more conducive work environment for faculty and researchers (Nyamongo et al., 2017). here are some suggestions on how to enhance working conditions for faculty and researchers in Kenyan universities: **Improve facilities:** Kenyan universities should invest in improving the quality of their facilities, including classrooms, laboratories, libraries, and office spaces. This could include: Renovating and upgrading existing facilities, building new facilities to meet the needs of faculty and researchers, providing access to modern

technology, such as high-speed internet, up-to-date software, and specialized equipment.

**Increase library resources:** Kenyan universities should expand and upgrade their library collections, ensuring access to a wide range of academic journals, books, and electronic resources. This could include: Increasing the budget for library acquisitions, providing access to online databases and journals, and establishing a program to digitize rare and old manuscripts.

**Improve administrative support:** Kenyan universities should provide adequate administrative support for faculty and researchers, streamlining processes, reducing bureaucracy, and providing assistance with research funding and grant applications. This could include: Hiring more administrative staff, training administrative staff to provide better service to faculty and researchers, and implementing online systems for administrative tasks.

**Provide research funding:** Kenyan universities should provide adequate research funding for faculty and researchers. This could include: Increasing the budget for research grants, establishing a program to support the commercialization of research findings, encouraging and supporting faculty and researchers in applying for external research grants.

**Promote work-life balance:** Kenyan universities should promote work-life balance for faculty and researchers. This could include: Offering flexible work arrangements, such as telecommuting and flextime, providing childcare subsidies, offering wellness programs and counseling services.

**Create a supportive work environment:** Kenyan universities should create a supportive work environment for faculty and researchers. This could include: Promoting a culture of respect and collegiality, providing opportunities for faculty and researchers to collaborate with each other and encouraging and supporting faculty and researchers in their professional development.

By implementing these suggestions, Kenyan universities can create a more conducive work environment for faculty and researchers, making them more attractive places to work. This will help to attract and retain top talent, which will in turn lead to improvements in the quality of teaching and research at Kenyan universities.

### 3.3 Increase research funding

The Kenyan government should allocate more funding for research in higher education institutions to support the work of faculty and researchers (Acosta, 2020). Here are some strategies that the Kenyan government can implement to increase research funding in higher education institutions:

**Increase the overall budget for higher education:** The Kenyan government should increase the overall budget for higher education, which would provide more funding for research activities. This could involve increasing taxes, reducing government spending in other areas, or finding new sources of revenue.

**Establish a dedicated research funding agency:** The Kenyan government should establish a dedicated research funding agency that would be responsible for allocating research funding to higher education institutions. This agency would be independent of the government, which would help to ensure that research funding decisions are made on the basis of merit rather than political considerations. **Create competitive research grants programs:** The Kenyan government should create competitive research grants programs that would provide funding for high-quality research projects. These grants should be open to all

faculty and researchers in Kenya, regardless of their institution or discipline.

**Encourage private sector investment in research:** The Kenyan government should encourage private sector investment in research by providing tax breaks and other incentives to companies that fund research. This could help to increase the total amount of research funding available in Kenya. **Promote international research collaborations:** The Kenyan government should promote international research collaborations by providing funding for faculty and researchers to travel to international conferences and workshops and by encouraging international institutions to establish research partnerships with Kenyan universities.

**Invest in research infrastructure:** The Kenyan government should invest in research infrastructure, such as laboratories, libraries, and data centers. This would provide faculty and researchers with the facilities they need to conduct high-quality research. **Protect intellectual property rights:** The Kenyan government should protect intellectual property rights to encourage innovation and commercialization of research findings. This would provide faculty and researchers with the incentive to conduct research that has the potential to generate economic benefits.

**Increase public awareness of the importance of research:** The Kenyan government should increase public awareness of the importance of research by funding public education campaigns and by promoting research findings in the media. This would help to generate public support for increased research funding. By implementing these strategies, the Kenyan government can increase research funding in higher education institutions, which would lead to improvements in the quality of research in Kenya and help to address the country's most pressing challenges.

### 3.4 Promote research collaboration

Kenyan universities should encourage and facilitate research collaboration with international institutions to provide researchers with access to global networks and resources (Nyamahuru, 2014). Here are some strategies for promoting research collaboration between Kenyan universities and international institutions:

**Establish formal partnerships with international institutions:** Kenyan universities can establish formal partnerships with international institutions through memorandums of understanding (MOUs) or other agreements. These agreements can outline the scope of the partnership, including the areas of collaboration, the exchange of faculty and researchers, and the funding of joint research projects. **Encourage and support faculty and researchers in developing international research collaborations:** Kenyan universities can encourage and support faculty and researchers in developing international research collaborations by providing funding for travel to international conferences, workshops, and research visits. Universities can also provide opportunities for faculty and researchers to network with international colleagues through online platforms and forums.

**Create a culture of internationalization at the university:** Kenyan universities can create a culture of internationalization by promoting the benefits of international research collaboration and by providing training and resources to faculty and researchers on how to develop and manage international partnerships. **Facilitate access to international funding opportunities:** Kenyan universities can facilitate access to international funding opportunities by providing information about funding programs and by helping faculty and researchers to prepare competitive grant proposals.

**Promote the use of open-access data and resources:** Kenyan universities can promote the use of open-

access data and resources to facilitate collaboration with international researchers. This can involve establishing open-access data repositories and promoting the use of open-source software. Encourage the translation of research findings into English: Kenyan universities can encourage the translation of research findings into English to make them accessible to a wider audience of international researchers. This can involve providing funding for translation services or by establishing translation centers.

Host international conferences and workshops: Kenyan universities can host international conferences and workshops to attract international researchers to Kenya and to provide opportunities for faculty and researchers to network with international colleagues. Promote the exchange of students and postdoctoral fellows: Kenyan universities can promote the exchange of students and postdoctoral fellows with international institutions to facilitate collaboration and to foster cross-cultural understanding.

Establish joint research centers: Kenyan universities can establish joint research centers with international institutions to focus on specific research areas or themes. These centers can provide a platform for collaboration and can help to attract international funding and expertise. Encourage the commercialization of research findings: Kenyan universities can encourage the commercialization of research findings to create new opportunities for collaboration with international companies. This can involve establishing technology transfer offices or by providing training on intellectual property rights and commercialization strategies.

By implementing these strategies, Kenyan universities can promote research collaboration with international institutions, which will lead to increased research funding, improved research quality, and a stronger international reputation for Kenyan universities.

### 3.5 Invest in professional development

Kenyan universities should invest in providing faculty and researchers with opportunities for professional development, such as attending conferences, workshops, and research training programs (Acosta, 2020). here are some recommendations for Kenyan universities to invest in professional development opportunities for faculty and researchers:

Allocate a dedicated budget for professional development: Kenyan universities should allocate a specific portion of their budget to support the professional development of faculty and researchers. This funding could be used to cover travel expenses, registration fees, and other costs associated with attending conferences, workshops, and training programs. Develop a professional development plan: Each university should establish a comprehensive professional development plan that outlines the specific needs of faculty and researchers and identifies the types of professional development opportunities that would be most beneficial. This plan should be regularly reviewed and updated to ensure that it remains relevant to the evolving needs of the university community.

Encourage and support participation in professional development activities: Kenyan universities should actively encourage faculty and researchers to participate in professional development activities. This could involve providing incentives, such as course release time or financial support, to encourage participation. Universities should also provide support in identifying and selecting appropriate professional development opportunities, and in preparing for and participating in these activities.

Provide opportunities for in-house professional development: In addition to supporting external



professional development opportunities, Kenyan universities should also offer in-house training and workshops. This could involve inviting experts to the university to lead workshops on specific topics, or developing online training modules that faculty and researchers can access at their own pace. Promote peer mentoring and networking: Kenyan universities should encourage peer mentoring and networking opportunities among faculty and researchers. This could involve establishing formal mentorship programs or creating informal networking events. Peer mentoring and networking can provide valuable opportunities for faculty and researchers to learn from each other, share experiences, and collaborate on research projects.

Recognize and reward professional development achievements: Kenyan universities should recognize and reward faculty and researchers for their professional development achievements. This could involve providing awards, promotions, or other forms of recognition. Recognizing and rewarding professional development accomplishments can help to motivate faculty and researchers to continue investing in their professional growth. Foster a culture of continuous learning: Kenyan universities should foster a culture of continuous learning and professional development among faculty and researchers. This could involve encouraging faculty and researchers to set personal professional development goals, providing access to professional development resources, and celebrating the achievements of faculty and researchers who are committed to professional growth.

By investing in professional development opportunities for faculty and researchers, Kenyan universities can ensure that their faculty and researchers have the skills and knowledge they need to conduct high-quality research, teach effectively, and contribute to the advancement of knowledge. This investment will ultimately lead to improvements in the quality of teaching and research at Kenyan universities, as well as increased international recognition and prestige for these institutions.

#### 4.0 Conclusion

Brain drain poses a significant challenge to Kenya's higher education sector, hindering its ability to produce high-quality graduates and conduct impactful research. By implementing the strategies outlined above, Kenya can mitigate brain drain and foster a more vibrant and successful higher education system.

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